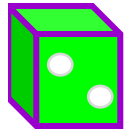
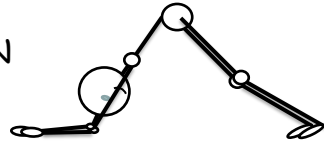
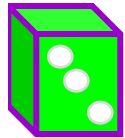
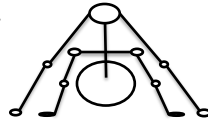


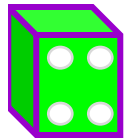
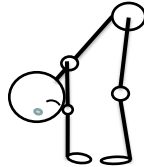
DOLPHIN
10 seconds



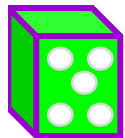
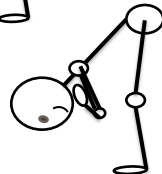
STANDING
STRADDLE
SPLIT



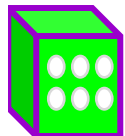
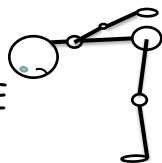
WRIST
STRETCH



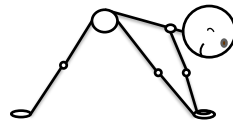
STANDING
FORWARD FOLD



AIRPLANE



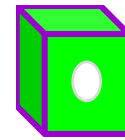
PYRAMID



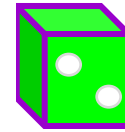
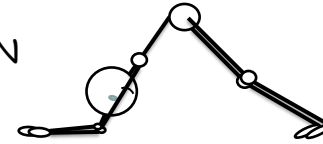
ROLLER
DANCE



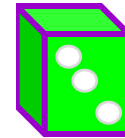
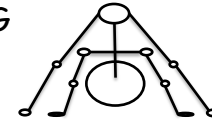
ROLLER
DANCE



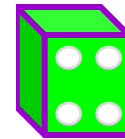
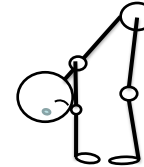
DOLPHIN
10 seconds



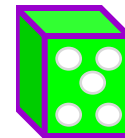
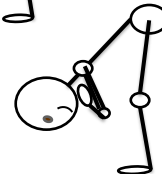
STANDING
STRADDLE
SPLIT



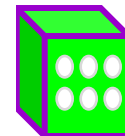
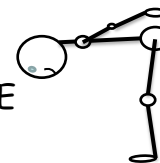
WRIST
STRETCH



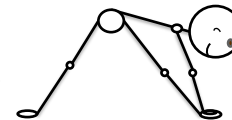
STANDING
FORWARD FOLD



AIRPLANE



PYRAMID



ROLLER
DANCE



ROLLER
DANCE